

香港防癆慈善票
Christmas Seal Hong Kong 2019

Healthy City
健康城市



Healthy city



Exercise



Community health



Positive mind



Regular check up



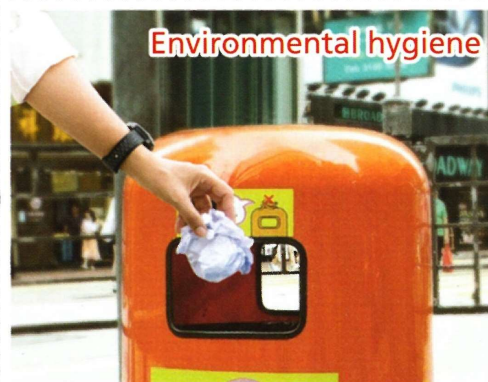
Prevention of TB is important; please support!



Ventilation



Balanced diet



Environmental hygiene



Sleep well



Put on a surgical mask for any infectious symptoms