



HONG KONG TUBERCULOSIS, CHEST AND HEART DISEASES ASSOCIATION

香港防癆心臟及胸病協會

健康研究計劃 2019-2020

Health Research Programme

健康生活及社交健康

Healthy Lifestyle and Social Health

獎金 Prizes:

冠軍 Champion :

HK\$30,000 -

亞軍 1st Runner Up:

HK\$20,000 -

季軍 2nd Runner Up:

HK\$10,000 -

優異獎 Merit:

HK\$5,000 -



截止報名日期
Deadline for Enrollment

18/10/2019

日期 Date	事項 Items
9/2019 – 10/2019	宣傳計劃及招募參加學校 Project Enrollment
25/10/2019	簡介會 Briefing for participated schools
24/11/2019	遞交計劃書的限期 Deadline for Proposal Submission
25/11/2019 – 18/12/2019	- 評審團檢閱各計劃書 Evaluate the Proposal by Judging Panel - 評審團會議 Judging Panel Meeting
12/2019 – 3/2020	進行相關研究工作 Conducting the research
31/3/2020	遞交摘要 Submission of Abstract
18/4/2020	演述研究結果及初賽 Project Presentation (Semi-final)
2/5/2020	總決賽及頒獎禮 Project Presentation (Final) and Award Presentation Ceremony

詳情及報名表可瀏覽本會網頁下載 Detail information and registration form can be downloaded from our website

www.antitb.org.hk/zh/upcoming.asp

查詢 Enquiry: 電話 Tel: 2834 9333 傳真 Fax: 2834 5522 電郵 Email: tommyho@antitb.org.hk

通識健康教育計劃 (歷屆主題)
Liberal Studies Programme (Previous themes)

	School Year 學年	Theme 主題
1	2007-2008	Environment and Health 環境與健康
2	2009-2010	Lifestyle and Health 生活模式與健康
3	2011-2012	Cardiac Problems & other Health Hazards in Schools or at Home 心臟問題及校園/家居健康危機
4	2012-2013	Stress Management or other Health Problems 壓力處理或其他健康問題
5	2013-2014	Environmental Health and Epidemic Prevention in Schools/Home 校園/家居環境健康及傳染病防治
6	2014-2015	Explore into Social Problems – How to kick the vices and turn the tide? 社會問題探討 – 如何剔除惡習，轉危為安?
7	2015-2016	Healthy Living – Food and Habit 健康生活 – 飲食及生活習慣
8	2016-2017	Healthy Lifestyle, Food Safety and Social Wellness 健康生活、食品安全及社交健康
9	2017-2018	School Life and Health 校園生活與健康
10	2018-2019	Personal, Family and School Health 個人、家庭及校園健康



香港防癆心臟及胸病協會
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“Health Research Programme 2019-2020”
Guidelines

A) Theme: **“Healthy Lifestyle and Social Wellness (健康生活及社交健康)”**

B) Modus Operandi:

- i) Each team (4-6 students) will take up a research project related to the above theme; the project should be planned and carried out by the students themselves, cumulating in the production of an innovative project with a proposal, abstract and written report.
- ii) Participating groups will be divided into Junior Secondary (S1-S3) and Senior Secondary (S4-S6) levels.
- iii) Each school cannot submit more than 12 projects.
- iv) Teachers will be facilitators only. If necessary, the Association may help to establish contact with relevant specialist and/or relevant organisations to provide information or professional advice.
- v) A maximum of 70 projects will be selected to present their findings at the semi-final competition on 19th Apr 2020; short-listed teams will present their findings in an open forum on 2nd May 2020.
- vi) Written reports will be published for circulation to schools and put in the website for world-wide dissemination.

C) Prizes:

- i) Projects will be evaluated by an independent panel of judges. The best 3 projects in each group, in order of scores, will receive prizes of **HK\$30,000.00**, **HK\$20,000.00**, **HK\$10,000.00** respectively; a meritorious award of **HK\$5,000.00** each will be presented to the next 4 projects.

D) Schedule of the Project:

	Date	Activities
2019	September – mid October	Project Enrolment
	25 th October (Fri)	Briefing for enrolled teams
	24 th November (Sun)	Deadline for Proposal Submission
	25 th November to 18 th December	- Proposals evaluated by Judging Panel - Judging Panel Meeting
2019– 2020	December to March	Conducting the research
2020	31 st March (Tue)	Submission of Abstract
	18 th April (Sat)	Project Presentation (Semi-final)
	2 nd May (Sat)	Project Presentation(Final) and Award Presentation Ceremony

E) Judging Criteria

The project will be judged on the following criteria:

• Content (with Multi-perspective thinking) ○ linking the theme with social and cultural contexts ○ Achieve aims & objects of the project, creative, authentic and practical	30%
• Creativity	10%
• Analytical thinking	20%
• Communication skills (displayed in the proposal, abstract and oral presentation)	20%
• Benefit of project findings to the community	20%

F) Enquiry

Mr. Tommy HO, Manager (Programme)
Hong Kong Tuberculosis, Chest and Heart Diseases Association
Tel: 2834 9333 Fax: 2834 5522 Email: tommyho@antitb.org.hk



「健康研究計劃」2019-2020
計劃內容及參加細則

A) 主題: 「健康生活及社交健康」

B) 進行模式:

- i) 每組參與計劃之學生(4-6人)需合力進行與上述主題有關及具創意之研究計劃，撰寫計劃書、匯報研究結果、撰寫摘要及報告。
- ii) 比賽將分初級組(中一至中三)及高級組(中四至中六)進行。
- iii) 每間學校不能遞交多過 12 份計劃。
- iv) 參與之學生為計劃之主要研究員，「香港防癆會」可協助聯絡有關專家及/或有關機構提供資料及經驗。
- v) 評判團會在眾多計劃摘要當中選出 70 隊參賽隊伍入圍初賽，他們需於 2020 年 4 月 19 日(六)在初賽向評判團報告研究所得，而入圍總決賽隊伍將於 2020 年 5 月 2 日(六)公開演述研究所得。
- vi) 研究報告將會被出版成書刊予各學校傳閱，並刊載於網上以供世界各地人士參考。

C) 獎項:

- i) 研究計劃將由獨立評選團作出評分，初級組及高級組最高分數的首三項計劃，將分別獲發港幣 \$30,000.00, \$20,000.00, \$10,000.00 獎金，另設四名優異獎，每隊可獲獎金港幣\$5000.00

D) 計劃日程:

	日期	活動
2019 年	9-10 月中	宣傳計劃及招募參加學校
	10 月 25 日 (五)	為參予計劃隊伍進行簡介
	11 月 24 日 (日)	遞交計劃書
	11 月 25 日 - 12 月 18 日	- 評審團檢閱各計劃書 - 評審團會議
2019 年 - 2020 年	12 月中至 3 月底	進行相關研究工作
2020 年	3 月 31 日(二)	遞交摘要及初回遴選(如多過 70 份摘要)
	4 月 18 日(六)	初賽
	5 月 2 日(六)	總決賽及頒獎禮

E) 評選準則

計劃內容將會根據以下項目評分;

• 內容 (配合多角度思考) <ul style="list-style-type: none">◦ 融合社會及文化情境於主題中◦ 符合計劃之目的及宗旨，具實用性及原創性	30%
• 創意	10%
• 分析技巧	20%
• 表達技巧 (包括計劃書、摘要和口頭簡報)	20%
• 研究結果對社會的參考價值	20%

F) 查詢

香港防癆心臟及胸病協會經理(項目)何錦培先生

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香港防癆心臟及胸病協會
Hong Kong Tuberculosis, Chest and Heart Diseases Association

Reply Slip

(Please send us your reply on or before 18th October 2019. Thank you!)

To: Hong Kong Tuberculosis, Chest and Heart Diseases Association

Attn: Mr. Tommy HO

Fax: 2834 5522

Health Research Programme 2019-2020 –
“Healthy Lifestyle and Social Wellness (健康生活及社交健康)”

**Please “√” where appropriate:*

Yes, our students are interested to join the “Health Research Programme 2019-2020”.

Number of students _____ Form _____

Topic (if it is decided) _____

We are not interested in the “Health Research Programme 2019-2020” at this moment.

Name of School: _____

Contact person: _____ Position: _____

Tel: _____ Fax: _____ E-mail: _____

Address: _____

Signature: _____ Institutional Chop: _____

Date: _____

P.S. A separate entry form must be completed for each project



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Hong Kong Tuberculosis, Chest and Heart Diseases Association

回條

(請填妥此回條並於 2019年10月18日前傳真回本會，謝謝！)

致：香港防癆心臟及胸病協會 何錦培先生

傳真：2834 5522

健康研究計劃 2019-2020

「健康生活及社交健康」

請以“√”表示貴校之意向：

本校希望派出_____名_____ (年級)的學生代表參與「健康研究計劃
2019-2020」。主題(如有): _____

本校目前對此「健康研究計劃」暫不感興趣。

學校名稱：_____

聯絡人：_____ 職位：_____

電話：_____ 傳真：_____ 電郵地址：_____

通訊地址：

簽署：_____

日期：_____ 學校印章：_____

註：如貴校有多過一份之參加計劃，請分開報名表填寫。